**Parent Resource Bulletin | December, 2015**

**Baby Raven Reads: Community Event**
Friday, December 4th, 5-8 pm at the Walter Soboleff Building
All families are invited to join us for an evening of storytelling, songs and other cultural activities.
This free event is part of SHI's Baby Raven Reads program, which promotes language development and school readiness through culturally responsive activities.
For more information contact Jackie Kookesh at 586-9229 or jackie.kookesh@sealaska.com.

**Downtown Family Night**
December 3rd, 5:30-6:30 pm, Downtown Library
Join Kristen from the Department of Fish and Game and find out how animals get ready for winter. We'll also discover how to spot animal signs like tracks in the snow. A light supper will be provided along with a craft activity. Call 586-5249 for more information.

**Preschool Family Night**
Thursday, December 17th at the NEW VALLEY LIBRARY, 5:30-7pm
Measuring Mighty Trees!
Come join special guest Cal Richert of Last Frontier Forestry and Tree Service as we talk about measuring, aging and scaling trees! This night will focus on helping your preschool child develop age appropriate math skills and include fun activities for the kids, a light supper and a free book. The program is being held at the NEW Valley Library and if you have questions please call AEYC at 789-1235.

**Fun-to-Eat Snowman Pizza for Picky Eaters**
Even picky eaters love pizza, but this recipe has a fun holiday twist. Roll dough, make snowman and add sauce, cheese and pepperoni.

**Ingredients:**

Dough:
- 3 1/2 Cups whole wheat flour
- 1 Cup white flour
- 2 Tsp. active dry yeast
- 1 Tsp. sugar
- 1 1/4 Tsp. salt
- 1 1/2 Tsp. olive oil
- 1/4 Tsp. garlic powder
- 2 Cups water
- 1/4 Cup grated parmesan cheese

Toppings:
- Tomato sauce
- Mozzarella cheese
- Pepperoni
- Capers
- Carrot

Mix dry ingredients in a large bowl. Slowly add water, a little at a time, knead until dough is firm and smooth. Using olive oil, grease bowl and place dough ball in bowl, turning once so all surfaces are oiled. Cover with a cloth or plastic wrap and let rise in a warm spot until double in size, usually about 2 hours. Place dough on a well-floured surface and roll dough to about 1/4 inch thick. Cut out three different sizes to form each snowman, by hand or using pastry cutters. Assemble snowman on baking pan, attaching "balls" by pressing together. Add sauce, cheese and Snowman decorations. Cut pepperoni into scarves, piecing two pieces together, if necessary. Make noses by cutting tiny carrot triangles.

Mix all ingredients except for the parmesan cheese and pepperoni in a large bowl. Slowly add water, a little at a time, knead until dough is firm and smooth. Using olive oil, grease bowl and place dough ball in bowl, turning once so all surfaces are oiled. Cover with a cloth or plastic wrap and let rise in a warm spot until double in size, usually about 2 hours. Place dough on a well-floured surface and roll dough to about 1/4 inch thick. Cut out three different sizes to form each snowman, by hand or using pastry cutters. Assemble snowman on baking pan, attaching "balls" by pressing together. Add sauce, cheese and Snowman decorations. Cut pepperoni into scarves, piecing two pieces together, if necessary. Make noses by cutting tiny carrot triangles.

Check out more recipes at www.parenting.com

**Keeping Kids Healthy**
Dec 8th, 5:30pm at the Juneau Family Health and Birth Center
Join us for a presentation and open discussion on “Keeping Kids Healthy”, and helping them heal quickly from common seasonal ailments. This event is free and open to the public.
Childhood wellness presentation will be hosted by naturopathic doctor Emily Palmer, and the Juneau Family Health and Birth Center. For more information please call 586-1203.
BEFORE READING (ask these questions):
1. What would you do if your socks kept growing?
2. What do you think will happen in the snow?
3. “Have you ever received something in the mail that was too big or too small? What did you do?”

DURING READING (ask these questions):
1. What would you do if your socks kept growing?
2. Before you turn all the pages after the rain, ask “What do you think will happen when the socks get wet?”

3. “What do you think will happen in the snow?”

AFTER READING (activity to extend book experience):
1. Come up with other suggestions Sally could do with her growing socks.
2. Make sock puppets or hold a circus like the one Sally had in her backyard.
3. Feel a variety of different fabrics to find one that might feel like Sally’s socks: “soft, cozy, warm, and luxurious.”
4. What things grow with water? (sponges, cereal) What things shrink?

Compliments of the Rasmuson Foundation with funding support from Best Beginnings. This activity was created by students at the University of Alaska Anchorage. For additional activities, visit www.AlaskaImaginationLibrary.org.

December 2015 What’s Going On?
Get out your highlighter and choose the events you want to attend this month!

SPECIAL EVENTS
12/2 Women, Infants & Children (WIC) Walk-In Clinic (first Wednesday each month): 3245 Hospital Dr. 1st floor, 10:30-6pm. Free nutrition services for income-eligible women who are pregnant, breastfeeding or just had a baby and for children ages 0-5. Info: 463-4099. ☺
12/3 Downtown Library Family Night: 5:30-6:30pm ☺
12/4 Baby Raven Reads Community Event: 5-8pm at the Walter Soboleff Building. All families are invited to join us for an evening of storytelling, songs and other cultural activities. Sponsored by SHI. For more information call 586-9229. ☺
12/5, 12/19 Spanish Playgroup: JFHBC, First & Third Saturdays, 10:30-12:00. Ages 0-5yr. Info: 586-1203. ☺
12/8 Keeping Kids Healthy: JFHBC, 5:30 pm. For more info, 586-1203. ☺
12/11 Family Night at the Turf! 5:00-6:30 pm at the Dimond Park Fieldhouse. For ages 0-3. ☺
12/12/17 Preschool Family Night: 5:30-7pm at the NEW Valley Library!
12/17 Fathers Community Café: Every Third Thursday, JFHBC 5-7pm, child care and light supper provided. Info: 586-1203. ☺
12/12/17 Preschool Family Night: NEW Valley Library 5:00-6:00pm. For ages 0-3. ☺
12/25 Merry Christmas!

WEDNESDAYS
Storytime: Downtown Library 11:00am. Info: 586-5249. ☺
Children’s Creative Play Group: AWARE, 6-7:30pm. Info: 586-6623. ☺

THURSDAYS
Storytime: Douglas Library 11:00am. Info: 364-2378. ☺

MONDAYS-FRIDAYS
Turf for Tots Program: Dimond Park Fieldhouse. Monday-Friday 10am-1pm. $6/child. Info: 523-4910.
Toddler Time at the Rock Dump: Tues-Thurs, 1310 Eastaugh Way off Thane Rd. 10am-1pm. Info: 586-4982. ☺
Lunch Bunch: Monday-Friday 11:15-1:00. Dimond Park Aquatic Center. For ages 7 years and younger to enjoy dump buckets, red, blue, & yellow fountains, slides & bubble bench! 586-2782.

ONGOING
Hiking Group for Families: find out more at ‘Hike it Baby’ on Facebook.

☼ means this program is FREE!

Imagination Library Early Learning

BOOK TITLE: Sally and the Purple Socks
AUTHOR: Lisze Bechtold

SUMMARY OF BOOK: Sally receives a pair of purple socks in the mail with a note that says the socks will grow to the size ordered. Once out of the box, the socks grow and grow as Sally tries to find a way to use them.

BEFORE READING (Ask questions and use what the child already knows to add to the discussion, assisting the child in understanding and enjoying the book): Try questions such as these:
1. Look at the front and back covers and ask, What do you think this story might be about?
2. Talk about getting packages and presents in the mail.
3. “Have you ever received something in the mail that was too big or too small? What did you do?”

DURING READING (ask these questions):
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BEST BEGINNINGS
Alaska’s Early Childhood Investment

The Juneau Parent Bulletin is created by AEYC in coordination with Partnerships for Families and Children, with funding support from the Juneau Community Foundation. Find us and Like us on Facebook!

Alerts about this bulletin are emailed to families whose children are enrolled in the Dolly Parton Imagination Library. Find this bulletin and many other family resources any time at www.JuneauFamilies.org.