Thank You Greg Stopher!

Thanks Greg for showing us the tools of the trade during last month’s Preschool Family Night!

Rainbow Hike

Add some fun and science to the next outing with your little one by making it a ‘Rainbow Hike’!

Color in a square for each color of the rainbow with crayons or markers or paint. Take it with you when you go outside and see if you can collect at least two items of each color.

Breakfast Kabobs

Fruit salad is even better when it’s on a stick! And it’s fun to make. What other fruits do you like? You can use those instead. (Skewers are sharp, so you’ll need a grown-up’s help. Or you can use wooden ice-pop sticks, if all your fruit is nice and soft.) Makes: 8 kabobs

Kitchen Gear:
Cutting board
Sharp knife (adult needed)
8 bamboo skewers (adult needed)

Ingredients:
16 strawberries, hulled and halved (*hulled* means with the green top and stem taken out)
1 banana, peeled and cut into 8 slices
2 kiwis, peeled and cut into 4 thick slices
8 cubes cantaloupe, honeydew, or watermelon
1/2 cup plain yogurt

Instructions:
1. Poke the skewer into the center of a fruit piece and slide it on, adding fruit pieces in whatever order you like.
2. Serve right away, with the yogurt for dipping.

- See more at: http://www.chopchopmag.org
Preschooler Activity: Pretend Fishing

by Trish Kuffner, author of The Preschooler’s Busy Book

Materials
• Stick for fishing pole
• String
• Magnet
• Scissors
• Construction paper
• Glue or tape
• Metal paper clips

Directions
1. Cut fish shapes out of construction paper.
2. Glue or tape metal paper clips to the back of each fish.
3. Make a fishing pole out of a long stick and a length of string.
4. Tie a magnet on the end of the string.
5. Go fishing.

This works well if you place the “fish” on the floor and let your child dangle her line over the back of the couch. You can also use this game to help your child learn her basic skills: Draw a shape or write a letter or number on the back of each fish, and have her identify it when caught.

Read more on FamilyEducation: www.familyeducation.com

Imagination Library Early Learning

BOOK TITLE: Old Bear and His Cub

AUTHOR: Olivier Dunrea

SUMMARY OF BOOK: Old Bear makes sure that Little Cub eats all his porridge, dresses warmly outside, and climbs carefully during hikes. Little Cub doesn’t want to be told what to do, but he always listens to Old Bear. What happens when Old Bear has to listen to him?

BEFORE READING

Ask questions and use what the child already knows to add to the discussion, assisting the child in understanding and enjoying the book.
• Talk about the cover of the book: “What’s making the bears happy?”

DURING READING

• As you come across the things Little Cub doesn’t want to do, ask if that ever happens with your child. Ask “What are things you don’t like to do that I tell you to do?” “What do you do afterwards?” “What do I do?”

AFTER READING

• “Why did Old Bear get sick?” “What could he have done differently?”

COMMENTS: The Juneau Parent Bulletin is created by AYEC in coordination with Partnerships for Families and Children, with funding support from thread, and Best Beginnings. Find us and Like us on Facebook!