Family Night at the Turf!

December 8th, 5:30-6:30 pm
Bring your kids down to the Dimond Fieldhouse to run around and play on the indoor turf and out of the cold. This is a wonderful opportunity to allow kids to exercise and socialize, meet with other parents and connect with local agencies that offer valuable resources to the families of Juneau. This month’s family night will be hosted by the SEARHC Dental crew. Due to the holidays, there will only be one event this month so be sure to stop by!

Thanks for Delivering Nearly 200,00 Books!

Did you know the first babies enrolled in the Southeast Imagination Library just turned ten?! Thanks to each and every one of our individual sponsors that keep this amazing program getting books into the hands of young children—over 1,500 every month! Special thanks to our two dedicated volunteers Patty George and Trish Custard, to Best Beginnings for statewide coordination and matching grants, and to Imagination Library Champions: Juneau-Haines Reading Council, Friends of the Juneau Public Libraries, Sitka Emblem Club 142, Juneau Glacier Valley rotary Club, Awesome Foundation Alaska Chapter, PEO Sisterhood, Juneau Empire, Douglas Dornan Foundation, Juneau Community Foundation & United Way.

Fruity Nut n’ Honey Energy Bites

Serves: 18 bites
Ingredients
- 1 cup – cherries, dried
- 1 teaspoon – vanilla extract
- 2 cup – cereal, Honey Nut Cheerios
- 1/3 cup – pumpkin seed kernels
- 1/2 cup – almond butter
- 1 teaspoon – honey

Directions
Soak dried cherries in hot water for 10 minutes. Drain and add to a food processor. Add vanilla and pulse until a paste forms (about 1 minute). Add 1.5 cups of the Honey Nut Cheerios to the food processor and pulse again until the Cheerios are fairly crushed and well mixed in. In a medium bowl, combine cherry mixture, pepitas (pumpkin seeds), almond butter, honey, and the remaining 1/2 cup of whole Cheerios. Mix well. Form into small balls, pressing tightly together with palms. If they are not quite sticking together, add just a tiny bit more almond butter. Store in an air tight container in the fridge for grab-and-go snacking! For more recipe ideas like this one visit: www.superhealthykids.com

Child Development Tip

Like all the best learning experiences in early childhood, music activities simultaneously promote development in multiple domains. Singing a lullaby while rocking a baby stimulates early language development, promotes attachment, and supports an infant’s growing spatial awareness as the child experiences her body moving in space. Being intentional about integrating music into your program’s daily routines, helps you design and choose activities to support your child’s specific developmental goals. To read the full article or to find more resources to support your young ones, visit: https://www.zerotothree.org/resources/1514-beyond-twinkle-twinkle-using-music-with-infants-and-toddlers

Your Dollars Make a Difference - Support the Dolly Parton Imagination Library

Did you know that donations from supportive people like YOU make books available to children all over SE Alaska? For $30 a year you can ensure that a child receives a free book in the mail every month. Make your tax deductible donation today at: http://www.aeyc-sea.org/imagination-library.html. A big thanks to Volunteer Librarian Patty George for giving her time to enroll children.
December 2017 What’s Going On?
Get out your highlighter and choose the events you want to attend this month!

SPECIAL EVENTS
12/2 Dads n Kiddos Play Group: Sponsored by BRH. Northern Lights Church, 400 W. 11th St., 9-11am. Info: 796-8975.
12/5 Governor’s Holiday Open House: Cookies at the Governor’s Mansion, 3-6 pm

12/8, Family Night at the Turf: 5-6:30pm at the Dimond Park Fieldhouse. Free! Call AEYC, 789-1235, for more information.
12/13-12/20 Happy Hanukkah!
12/21 Downtown Family Night: Downtown Library, 5:30-6:30 pm
12/25 Merry Christmas!

12/26-1/1 Happy Kwanzaa!

MONDAYS
Toddler Time: Downtown Library 10:00am, Info: 586-5249. Valley Library 11:00am, Info: 789-0125.

Cuentercuentos infatil: Spanish Storytime: Valley Library, 5:30 pm, Info: 789-0125.

TUESDAYS
New Parents Group: JFHBC 10:30-12:00pm. Ages 0-1. Info: 586-1203.
Children’s Life Skills Group: AWARE, 6pm-8pm, Info. 586-6623.

WEDNESDAYS
Women, Infants & Children (WIC) Walk-In Clinic Every Wednesday 9am-6pm: 3245 Hospital Dr. 1st floor. Free nutrition services for income-eligible women who are pregnant, breastfeeding or just had a baby and for children ages 0-5. Info: 463-4099.

Storytime: Downtown Library 11:00am. Info: 586-5249.

THURSDAYS
Storytime: Douglas Library 11:00am. Info: 364-2378.

Fridays
Storytime: Valley Library 11:00am. Info: 789-0125.

MONDAYS-FRIDAYS
Turf for Tots Program: Dimond Park Fieldhouse. Monday-Friday 8am-1pm. $6/child. Info: 523-4910.
Toddler Time at the Rock Dump: Tues-Thurs, 1310 Eastaugh Way off Thane Rd. 10am-1pm. Info: 586-4982.
Lunch Bunch: Monday-Friday 11:15-1:00. Dimond Park Aquatic Center. For ages 7 years and younger. Info: 586-2782.

Saturdays

* means this program is FREE!

Imagination Library Early Learning

BOOK TITLE: Thank You, World
AUTHOR: Alice B. McInity
ILLUSTRATOR: Wendy Anderson Halperin

SUMMARY OF BOOK:
Thank You, World is about eight children from different countries (United States, Mexico, Bolivia, France, Mali, Saudi Arabia, India, and China) and the similarities that bring them together. They each give thanks and enjoy nature, swings, mothers, and nighttime. This book teaches children that although there are many different cultures, we are not as different from each other as we may think.

BEFORE READING (Ask questions and use what the child already knows to add to the discussion, assisting the child in understanding and enjoying the book). Ask:
1. Looking at the cover, what do you think this book may be about?
2. What are you thankful for?
3. Take a “picture walk” through the book and allow the child to give ideas about what is going to happen.

DURING READING: As you read the book talk with the child about the story and the illustrations. Ask questions such as:
1. Which pictures show the ways you would enjoy things?
2. Have you ever thanked the breeze for lifting up your kite or the rain for watering the flowers?
3. What would you thank your mommy for?

AFTER READING (activity to extend book experience):
Look for opportunities in everyday activities for children to count:
• Have your child draw what he or she is thankful for.
• Discuss the different cultures represented in the book. Compare and contrast the thing your family does.
• Take a walk around the house and through the neighborhood and pick things that you and your child are thankful for.

Compliments of: Rasmuson Foundation.
Created by: Students at the University of Alaska Anchorage.
For more activities visit

BEST BEGINNINGS
Alaska’s Early Childhood Investment

www.bestbeginningsalaska.org.

The Juneau Parent Bulletin is created by AEYC in coordination with Partnerships for Families and Children, with funding support from thread. Find us and Like us on Facebook! AEYC | 3100 Channel Dr. Ste. 215, Juneau, AK | 907-789-1235 | www.aeyc-sea.org

Alerts about this bulletin are emailed to families whose children are enrolled in the Dolly Parton Imagination Library. Find this bulletin and many other family resources any time at www.JuneauFamilies.org.