Kids in the Kitchen

Nutella and Banana Sushi
Serves: 2  
Prep Time: 5 minutes

**Ingredients**
- 2 tortillas  
- 4 tbsp. Nutella  
- 2 Bananas

Place bread on a cutting board and spread with Nutella. Peel banana and lay it on the edge of the tortilla. Roll banana in tortilla. Slice into rounds and arrange on a plate with the cut edge facing up. Quick, easy and delicious! Substitute any other nut butter, add other fruits or nuts, or even jam! For more recipe ideas, visit https://www.kidspot.com.au/kitchen/recipes/nutella-and-banana-sushi-3724

Coffee Filter Butterflies

You’ll need white coffee filters, watercolor paints, colored pipe cleaners and paint brushes. Flatten the coffee filter and allow your child to paint it with watercolors, but make sure to have something underneath as the water will soak through. Let the filters dry for 15-20 minutes. Once it is completely dry, gather it in the middle and pinch the back side. Take a pipe cleaner, fold it in half and slide it upwards, positioning it so that it is in the center of the coffee filter. Twist the ends of the pipe cleaners a few times until it is tight around the filter. Curl the ends of the pipe cleaners to make antennae. For more activity ideas, visit https://myboredtoddler.com/spring-activities-for-toddlers/

School’s Out - It’s time for Summer Reading Fun!
Join us for a dance party at the downtown Library!
Music provided by DJ Manu. All ages welcome.
Light Supper provided.
Downtown Juneau Library
Thursday, May 24
5:30 - 7:00

Child Development Tip
Alex hurst a bowl of his favorite cereal off the table and screams, “I said the red bowl, not the blue bowl!” If any of these exclamations sounds familiar, you are not alone. Welcome to what can feel like the Wild West of toddlerhood. But seen through the eyes of the child, and through the lens of development, these behaviors, while maddening, are utterly normal, and signal important milestones are being achieved. Further, these incidents don’t have to be dreaded, as they are opportunities to teach children to manage their emotions, learn to cope with frustration and disappointment, and find ways to feel in control of their ever-expanding worlds in prosocial, acceptable ways. For more important factors that influence young children’s behavior that are helpful to keep in mind when dealing with challenging behaviors, visit https://www.zerotothree.org/resources/325-i-said-i-want-the-red-bowl-responding-to-toddlers-irrational-behavior

Your Dollars Make a Difference - Support the Dolly Parton Imagination Library
Did you know that donations from supportive people like YOU make books available to children all over SE Alaska? For $30 a year you can ensure that a child receives a free book in the mail every month. Make your tax deductible donation today at: http://www.aeyc-sea.org/imagination-library.html. A big thanks to Volunteer Librarian Patty George for giving her time to enroll children.
Special Events

5/5 Dads n Kiddos Play Group: Sponsored by BRH. Northern Lights Church, 400 W. 11th St., 9-11am. Info: 796-8975.
5/5 Juneau Appreciation Day: Discounted tram rides for locals, 5 and under FREE.
5/10 Bonfire on the Beach: Auke Rec, 6-8pm, hosted by SEACC, snacks and info about what you can do to protect Southeast.
5/12-5/13 Family Bazaar: the JAHC, Saturday 10-8, Sunday 10-6, Hosted by Momma Says.
5/13 Happy Mother’s Day!
5/13 Family Concert “Musical Animals”: UAS Egan Library, 3-4pm. Music from Peter, the Wolf and Ferdinand the Bull performed by the Vega Quartet.
5/18 Birthday Celebration for FoSlam: Alaska State Museum, 4:30-7:30pm, Dance, eat cake and celebrate the 50th anniversary for the Friends of the Alaska State Library, Archives and Museum.
5/26 Family Night at the Downtown Library: 5:30-7:00pm, Libraries Rock! Dance party, Music, craft and light dinner provided.

Mondays-Fridays

Turf for Tots Program: Dimond Park Fieldhouse. Monday-Friday 8am-1pm. $6/child. Info: 523-4910.
Toddler Time at the Rock Dump: Tues-Thurs, 1310 Eastaugh Way off Thane Rd. 10am-1pm. Info: 586-4982.
Lunch Bunch: Monday-Friday 11:15-1:00, Dimond Park Aquatic Center. For ages 7 years and younger. Info: 586-2782.

Imagination Library Early Learning

Book Title: Strega Nona’s Harvest
Author: Tomie dePaola

Summary of Book: Beginning in the spring, Strega Nona meticulously prepares her garden and plants her seeds. Her helper, Big Anthony, thinks she is too fussy and plants his garden less exactly. When they harvest their produce, they have TOO MUCH so they share it with the townspeople.

Before Reading: (Ask questions and use what the child already knows to add to the discussion, assisting the child in understanding and enjoying the book): Try questions such as these:
1. If you grow vegetables, talk about what kinds you grow, what you do with them when they’re ready. Do you ever have too much?
2. What kind of mood do you think is in this book (happy, sad, serious, funny)? What gives you that idea?

During Reading: As you read the book talk with the child about the story and the illustrations. Ask questions such as:
1. When you come across Italian words, you might also try saying them in another language (if you know one). See what you can add to the naming of the vegetables.
2. Why are Strega Nona’s and Anthony’s gardens growing differently? What did they do differently? What the same?
3. Explain the words that may be unfamiliar (compost, manure, sow, clothespin, etc.)
4. “Strega Nona is making salad and pasta; what do we do with vegetables?” 5. What happens in the very last picture? Is this funny?

After Reading: (Activity to extend book experience)
1. Next time you are at the store, ask your child what vegetables he remembers from the story.
2. Visit a real garden or look at seeds in a store or greenhouse.
3. Plant a seed together, water it, and watch it grow.
4. How can you and your child share like Strega Nona? Discuss the ways that you might be able to share with others.

Compliments of: Alaska Department of Education and Early Development

Best Beginnings  Alaska’s Early Childhood Investment

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